

Your Guide To Guilt Free Happiness Outside Of Motherhood

Are you a woman who has ever felt guilty for not wanting children? Or maybe you're a mother who feels like you're not living up to the expectations of society? If so, this book is for you.

In this book, you will learn:



Get Your Life Back!: Your Guide to Guilt-Free Happiness Outside of Motherhood by Jacqueline Miller

★★★★☆ 4.9 out of 5

Language : English
File size : 596 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 18 pages



- How to identify and challenge the societal messages that tell us that women should be mothers.
- How to develop a strong sense of self-worth and identity outside of motherhood.
- How to create a life that is fulfilling and meaningful for you, regardless of whether or not you have children.

This book is not about convincing you to not have children. It is about empowering you to make the choice that is right for you, without guilt or shame.

If you are ready to live a life that is true to yourself, then this book is for you.

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What People Are Saying About "Your Guide To Guilt Free Happiness Outside Of Motherhood"

“

“This book is a must-read for any woman who has ever felt guilty for not wanting children. It is full of wisdom, compassion, and practical advice. I highly recommend it.”

- [Woman's Name]”

“

“I am a mother, and I still found this book to be incredibly helpful. It helped me to challenge the societal expectations that I had internalized about motherhood. I am now more confident and happy in my role as a mother, and I am more grateful for the choice that I made to have children.”

- [Woman's Name]"



"This book is a game-changer for women. It is a reminder that we have the right to choose the life that we want for ourselves, regardless of what society tells us. I am so grateful for this book."

- [Woman's Name]"

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