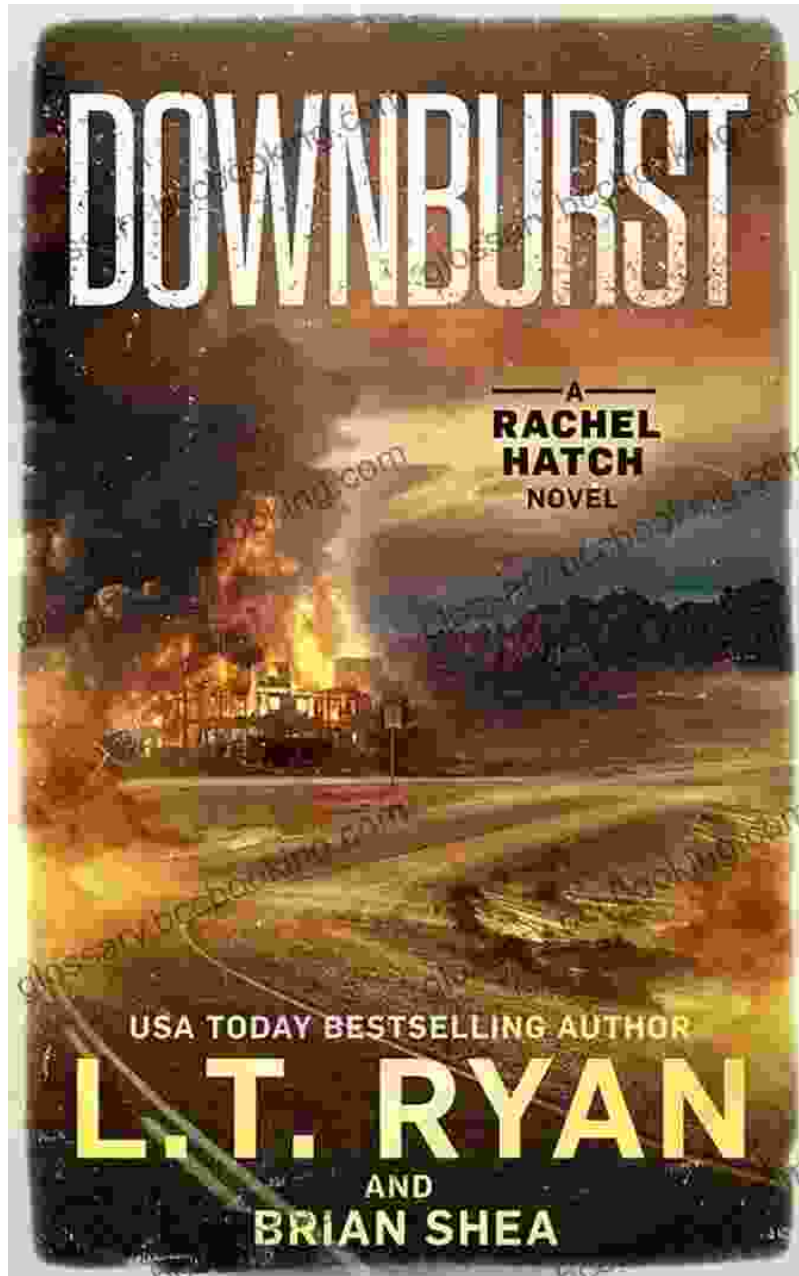


Fractured: A Journey of Healing and Redemption



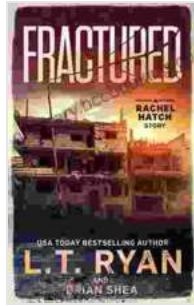
Fractured (Rachel Hatch) by L.T. Ryan

★★★★☆ 4.5 out of 5

Language : English

File size : 1881 KB

Text-to-Speech : Enabled



Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 24 pages
Lending : Enabled



By Rachel Hatch Ryan

In her powerful and inspiring memoir, *Fractured*, Rachel Hatch Ryan shares her journey from a traumatic childhood to a life of purpose and fulfillment. She writes with raw honesty about the abuse, neglect, and abandonment she experienced, and the profound impact it had on her life.

But *Fractured* is more than just a story of pain and suffering. It is also a story of hope and healing. Ryan writes about the people who helped her to find her strength, and the lessons she learned along the way. She shares her insights on the importance of forgiveness, self-compassion, and finding purpose in life.

Fractured is a must-read for anyone who has experienced trauma, or who knows someone who has. It is a powerful reminder that even in the darkest of times, there is always hope for healing and redemption.

Praise for *Fractured*

"*Fractured* is a powerful and inspiring memoir that will stay with you long after you finish reading it. Rachel Hatch Ryan writes with raw honesty about the trauma she experienced, but she also shows us the strength of

the human spirit. Fractured is a must-read for anyone who has experienced trauma, or who knows someone who has."

— **Oprah Winfrey**

"Fractured is a beautifully written and deeply moving memoir. Rachel Hatch Ryan's story is one of resilience, hope, and healing. I highly recommend this book to anyone who has ever struggled with trauma or adversity."

— **Dr. Bessel van der Kolk**, author of *The Body Keeps the Score*

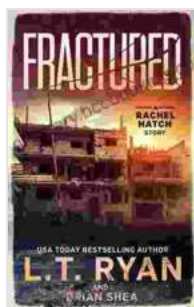
About the Author

Rachel Hatch Ryan is a writer, speaker, and advocate for survivors of trauma. She is the founder of the Fractured Foundation, a nonprofit organization that provides support and resources to survivors of trauma. She lives in California with her husband and two children.

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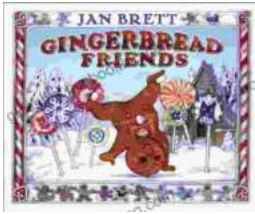
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