

# Flying With Baby: The Essential Guide to Flying Domestically With Infants Under

## Before You Fly

Before you even book your flight, there are a few things you should do to prepare:



### Flying with Baby - The Essential Guide to Flying Domestically with Infants Under 1 Year Old by Meg Collins

★★★★☆ 4.6 out of 5

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Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
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Print length	: 56 pages
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- **Check with your airline about their infant policies.** Some airlines have restrictions on how old an infant must be to fly, and they may also have specific requirements for car seats and other baby gear.
- **Book your flight in advance.** This will give you the best chance of getting a good seat and avoiding any last-minute surprises.
- **Choose a non-stop flight if possible.** This will make your trip shorter and less stressful for both you and your baby.

- **Pack light.** You'll be carrying your baby and all of their gear, so it's important to pack as light as possible.

## At the Airport

Once you arrive at the airport, there are a few things you need to do to get through security and to your gate:

- **Check your car seat at the ticket counter.** You will not be able to take your car seat through security, so you will need to check it with your luggage.
- **Go through security with your baby in a carrier or sling.** This will make it easier to get through security and keep your baby close to you.
- **Bring plenty of snacks and drinks for your baby.** You won't be able to buy food or drinks on the plane, so it's important to bring your own.
- **Arrive at your gate early.** This will give you plenty of time to get settled and avoid any last-minute stress.

## On the Plane

Once you're on the plane, there are a few things you can do to make your flight more comfortable for both you and your baby:

- **Choose a window seat if possible.** This will give your baby a place to look out and will also help to keep them entertained.
- **Bring a blanket and pillow for your baby.** This will help to keep them warm and comfortable.
- **Bring a toy or two to keep your baby entertained.** This will help to pass the time and keep them from getting bored.

- **Feed your baby during takeoff and landing.** This will help to prevent their ears from popping and will also help to keep them calm.
- **Change your baby's diaper as needed.** There are diaper changing stations in the bathrooms on most planes.

## **After Your Flight**

Once you've landed, there are a few things you need to do before you leave the airport:

- **Pick up your car seat at the baggage claim.**
- **Change your baby's diaper.**
- **Feed your baby.**
- **Get a taxi or ride-share to your destination.**

## **Tips for Flying With a Baby**

Here are a few additional tips to help you make your flight with a baby as smooth as possible:

- **Dress your baby in layers.** This will make it easy to adjust their temperature as needed.
- **Bring a pacifier or bottle to help your baby suck during takeoff and landing.** This will help to prevent their ears from popping and will also help to keep them calm.
- **Be patient.** Flying with a baby can be challenging, but it's important to stay calm and patient. Your baby will pick up on your cues, and they will be more likely to stay calm if you are.

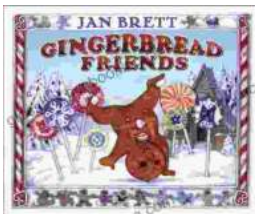
Flying with a baby can be a daunting experience, but it doesn't have to be. With the right preparation and know-how, you can make your flight a breeze. By following the tips in this guide, you can help to ensure that your flight is safe, comfortable, and enjoyable for both you and your baby.



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