

# Finding My Way While Running The Appalachian Trail

<p>In the spring of 2018, I set out on a solo run along the Appalact

## Alt attribute for images:

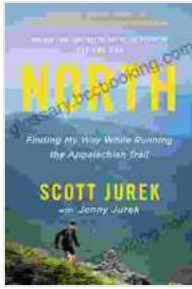
- Image of a young woman running on a mountain trail: A young woman is running on a mountain trail, wearing a backpack and running gear. She is surrounded by trees and mountains.
- Image of a young woman sitting on a rock, looking at a map: A young woman is sitting on a rock, looking at a map. She is surrounded by mountains.
- Image of a young woman cooking dinner over a campfire: A young woman is cooking dinner over a campfire. She is surrounded by trees and mountains.
- Image of a young woman sleeping in a tent: A young woman is sleeping in a tent. She is surrounded by trees and mountains.
- Image of a young woman standing on the summit of a mountain: A young woman is standing on the summit of a mountain. She is looking out at the view.

## North: Finding My Way While Running the Appalachian

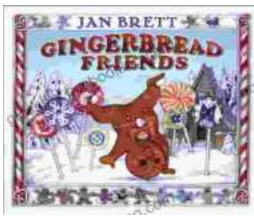
**Trail** by James E Wisher

★★★★☆ 4.8 out of 5

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Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
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